

IMPACT REPORT 2024

The
POWER
of your
partnership

Who Am I?
Bundle



HOPE
of the
GENERATIONS CHURCH

Be in 
Health[®]

Walking Out of Illness

A Testimony from MYRA

In 2022, I was leading a very structured, health-issue-focused life working to maximize my energy so I could function. Unfortunately, the various therapies and diet—along with low energy—were isolating and consumed a lot of time, money, and thought. It was a very “me-focused” lifestyle with lots of doctor appointments and therapies. I had food sensitivities, fall and spring allergies, multiple chemical sensitivities (MCS), irritable bowel syndrome (IBS), mild adrenal insufficiency (which gives symptoms that are far from mild), chronic Lyme, and hypoglycemia. I needed lots of sleep to function and days of recovery if I had a long day. I took my own food with me everywhere because I was on a gluten-free, very low-sugar, dairy-free, sorghum-flour-free, low-fodmap diet to function.

One day, a pastor told me about how his wife was healed after attending For My Life, so I started listening to Be in Health YouTube testimonies and teachings focused on allergies. After determining that Be in Health was a solid Christian ministry, I signed up for the For My Life Online class in February 2022. As I finished the class, I ate dairy successfully for the first time in more than 10 years. I now had hope! Even though I was seeing progress with the successful addition of dairy to my diet, I still didn't see complete healing.

I decided to go to the Walk Out Workshop (WOW) in Thomaston, Georgia, in August 2022 because I knew there was more I needed to learn. Since I first learned of this ministry in February, I knew God was calling me to go but it was a big step to move forward. I hadn't traveled alone because of my concerns of becoming incapacitated by a chemical reaction which would cause brain fog and make it impossible to think and get myself to Thomaston. My friends and family declined my offer to join me, so I concluded I would go on my own.



I knew God was calling me to go to the WOW Retreat and I knew that when God calls you, He equips you. I decided to fly to Atlanta and rent a car.

Although my husband and I had rented many cars, I had never rented a car alone and was intimidated with the task of finding my way out of the rental car garage and finding my way to Thomaston and back to the airport but I made it.

On the first day of the Walk Out Workshop, I found a missing piece: the 8 Rs. I hadn't realized how to implement that tool in my life. During that week, I learned how to fight fear. I grew in my understanding of my authority in Christ. I understood that God's voice is NEVER condemning. It may be convicting, but NOT condemning. I learned more about how the enemy attacks and how to fight the enemy. I left experiencing great freedom and was filled with great peace. I KNEW I was healed of the multiple chemical allergies (MCS)! I prayed and told God that I could NOT knowingly put myself around the chemicals that had made me so very sick, but I would trust that as He exposed me, my body was ready, and I would be fine. On the drive back to the airport, I drove by a large road resurfacing project with lots of fresh asphalt. That would have made me extremely sick and made it difficult for me to follow directions to the airport. I started laughing, put down my window, and breathed deeply knowing I was healed.

I am healed from MCS!

I went back to Thomaston in October 2022 for the For My Life eXpanded Retreat because I still felt like I wasn't experiencing the full freedom that I desired. During that time, I added back all foods except for gluten. I remember going into the deli in Thomaston for dinner with two new friends from class. One of the women was also coming out of health issues like me. We both stood at the deli taking a very long time to order. It had been so long since either of us had been in a deli; it was momentarily overwhelming. During that trip, I was freed from all food issues and can now eat everything but gluten. God has allowed me to see that I am no longer reacting to fresh paint, new mattresses, bug killers, furniture stains, memory foam, car exhaust, pine trees, weed killers, new carpet, formaldehyde, propane, fragrance, feathers, solid surface material or new cars. For the first time in decades, I am driving a brand new car complete with all the new car smells! I am now taking over 85% fewer pills (mostly supplements)!

I have been healed of inhalant allergies, multiple chemical sensitivities (MCS), mold allergies, asthma, chronic fatigue syndrome (CFS), food sensitivities, hypoglycemia, IBS, persistent leg cramps, mild adrenal insufficiency, and chronic Lyme.

I have had five thyroid blood lab tests and have had thyroid prescriptions reduced from 2 to 1. I have seen a slight improvement on the osteoporosis scan and am hopeful to see complete healing with both hypothyroid and osteoporosis.

I returned to Thomaston with a friend in March 2024 for another WOW Retreat. It was a fun adventure together. I'm not sure I've unpacked all I learned, but I came home with a confidence and peace to trust God with my loved ones along with a freedom from being released from false burden bearing.

Now my life is filled with freedom. I only need a normal amount of sleep. I can be busy daily and have no need for rest days. I can have lots of busy days in a row. I can eat tasty food in restaurants, and I am free to travel without making sure the hotel or home we are renting isn't too new and exposing me to chemicals I wouldn't tolerate, or too old with mold that would make me sick. I can eat ANYTHING except gluten. (I haven't addressed that yet.) Travel anxiety is gone. I hadn't realized I even had travel anxiety until it was gone. My husband and I went on a trip in September 2022 after my first trip to Be in Health for the WOW Retreat, and I kept asking him what we were doing differently. What was making this such an incredible trip? I realized I was the difference, not the location or activities we had planned. A bonus is when we travel, my suitcases are smaller and lighter!

I have also found that relationships have multiplied because I have the energy to be around people. I no longer need or desire to make all the restaurant decisions based on my food needs. My friends or family can now choose our restaurant.

I was sick since I was a baby and God healed me at the age of 64! Over 40 years of searching brought me to various doctors and alternative treatments. God loves us and has a plan for our health here and now.

I am NOT an exception for being healed. God HEALS!



Hello Overcomers,

I want to say how grateful I am for the impact each of you has made here at Be in Health. From scholarships to prayer to financial gifts to the encouraging words you speak into the heavenlies and how you share Be in Health with your family and friends—we would not have the same impact in the world without you.

Some of you know my background in Law Enforcement, but you may not know I was severely bullied as a young teenager. I was constantly bombarded by the words and actions of those who did not want me to succeed. Even though I changed schools and even states, those bullies followed me.

Before you ask what kind of bully follows a person from state to state, I am not talking about a physical bully—I am talking about that invisible kingdom. After a while, the same words I heard from other people began to play over and over in my head internally.

Later, when I became a cop and saw the trauma and darkness that almost every first responder experiences, those "demons" started talking even louder. They were loud and hateful, and so often, I could barely stand against them. They would wake me up at night, make it hard to sleep, and I felt there was no escape. Eventually, I was diagnosed with PTSD.

I started to listen to the voices telling me I was not good enough or well enough for my friends, family, or church. I believed I was a mistake and worthless if I did not perform perfectly. I questioned why I was still here. Those thoughts kept pushing me further and further down the spiral into the abyss.

Coming to Be in Health saved my life. I learned about my identity as a son of God, apart from what I do or do not do. Over time, I learned that our battle is not with flesh and blood or even with us; it is with the invisible kingdom.

***For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.
-Ephesians 6:12 KJV***

I want you to hear me—we are NOT who the devil says we are. We are greater than that. So, what if we make a mistake? Pastor Donna shared an amazing piece of truth with me over 15 years ago that sticks with me every day. "I may make a mistake, but I am not a mistake. I may fail at something, but I am not a failure!"

Her words help me overcome daily those destructive thoughts from the enemy. My mistakes do not define me; they are not the final word about WHO I am. I am NOT the enemy's thoughts about me.

Psalm 139 is an amazing scripture to fall back on about how the Father thinks about us. Whenever I struggle with WHO I am or a mistake I have made, I go back and read that I am fearfully and wonderfully made. I was purposely planned to be on this planet, no matter my conception, and God thinks about me all the time. The idea that God's thoughts for me outnumber the sand has a huge positive impact upon my life.

My prayer for you today is that you are able to hold every thought captive that does not measure up to scripture, cast it down, and believe what God the Father and the Word say about you. I pray you have peace in WHO you are and that your worth is not based on your successes and failures but on being a child of God—planned, ordained for this time and space for a purpose!

I hope these words encourage you. Thank you for making an impact in my life and at Be in Health.

Your Fellow Overcomer,



Pastor Scott Harper
Senior Pastor/CEO

PS – To help with separating ourselves from who the enemy says we are, I have created a Who Am I Bundle. We have a very special offer: for a gift of \$50 or more before May of 2025, you will receive the Who Am I Bundle.

Who Am I Bundle

Includes:
 Our Identity Book
 Who Am I (MP3)
 Accusation (MP3)
 Separation Book



**MP3 also available
in CD format**



A Word from our FOUNDER

Dear Family,

Last summer, I had the opportunity to attend the For My Life Retreat not as the co-founder of Be in Health but for myself. Although I have taught in For My Life for years and live by the principles daily, I was at a point in my journey where I needed God to meet me. Having watched Henry teach the principles in conferences over and over, I honestly wondered if I would hear anything new but decided to go in faith. I am so glad I went because I was surprised by how the week impacted me.

Personally, the last few years have been an intense season of transition and loss for me. Through everything, I have trusted God, who has been so faithful. I have navigated this season as best as I could. But having one week with everything set aside so that I could engage with my life was exactly what I needed to deal with things on a deeper level.

God spoke to me through all the classes, especially the teachings on Separation and overcoming Fear and Rejection. I recognize I have come a long way from where I started, but I still have far to go. I am so grateful God speaks to everyone where they are at. That is the beauty and wisdom of God.

Sitting in that room with others who had breaches in relationships and various life struggles, we went through something amazing together. I understand why people return to For My Life; our journey with God is an ongoing process. That week allowed me to solidify what I already knew and prepared me to face things I would encounter after the retreat.

Henry always left room for growing in God with new revelation and what He would reveal. I want to do that, too—always leave room for God's tweaks. Hopefully, I can attend For My Life every year, and I wish that for you as well.

The teachings that God has entrusted us with at Be in Health never get old. We are so thankful to be able to host the For My Life Retreat, and we give Him all the glory! I am excited about the future and all that God is doing in our lives.

On the journey with you,



Pastor Donna Wright
Co-Founder



What We OFFER

Retreats

FOR My LIFE

FOR My LIFE
EXPANDED



Walk Out
WORKSHOP

*Our week-long retreats where
you learn how to renew
your life, health, and relationships*

Support

SPIRITUAL
Lifeline

*One-on-one prayer
and ministry to assist you
in your journey*

Community
Overcomers'
COMMUNITY

*A safe online community
where you can connect
with fellow Overcomers*

Church



ACTS

ASSOCIATION
OF CHURCHES
TEACHING
& SERVING

*Get connected with a body
of like-minded believers
near you*

OUR Mission

At Be in Health and Hope of the Generations Church, our mission is to establish generations of overcomers. Our desire is to reach as many people as possible and to establish them with solid truth and the tools that are necessary to be overcomers and to thrive in their daily lives.



Pastors Scott & Sarah Harper



Pastor Donna Wright



Pastors John & Adrienne Shales



Pastor Benny Parish



Scott Iwahashi



Based on the teaching foundation of Dr. Henry Wright 

OUR CORE VALUES

Word-Yielding

Most importantly, we hold true to the ever-unfolding revelation of the Word of God

Real

Honesty with God, ourselves, and others is indispensable in the Kingdom of God when serving others

Unity

We are united in purpose, vision, and hope under the headship of Christ Jesus

Safe

We must be a safe place for all people regardless of life backgrounds, personal challenges, or health issues

Mission-Focused

Our decisions and our behavior yield to establishing generations of overcomers

FINANCIAL REPORT FOR 2023



THANK YOU
for your generosity!

Revenue

Expenses

74% Fulfilling Our Mission

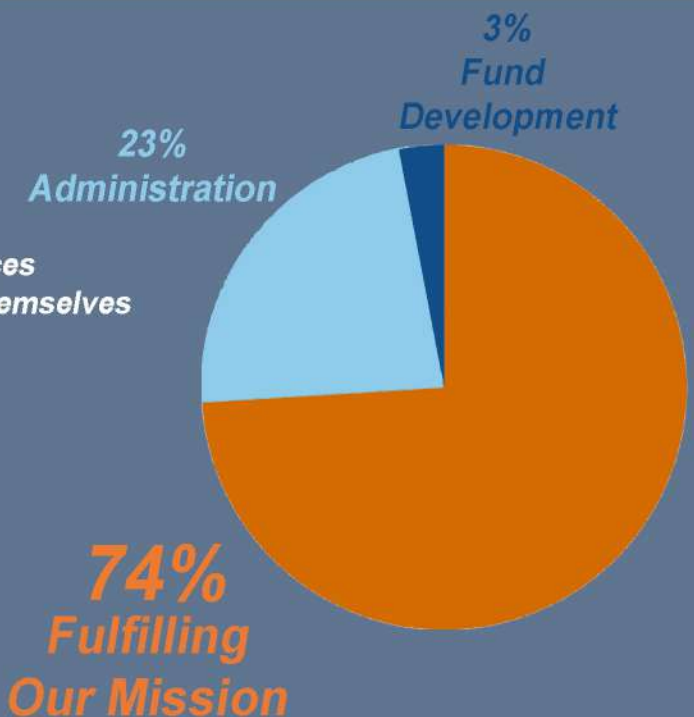
Everything that goes into our retreats and conferences including salaries of Team Members who give of themselves through expertise, teaching, and serving others

23% Administration

Utilities, maintenance for 3 properties, accounting including salaries, office supplies and software, insurance, legal and accounting fees

3% Fund Development

Developing the funds to fulfill our mission



ONLINE CLASSES

Advanced Insights

— SPIRIT WORLD REALITIES & SEPARATION —

Advanced Insights

— HIS WAYS VS OUR WAYS —

FOR *My* LIFE[®]
EXPANDED



FOR *My* LIFE[®]
Online



FOR MORE
INFORMATION OR
TO REGISTER
SCAN THE QR CODE!

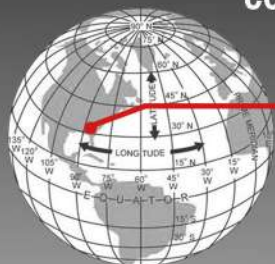


GEAR UP MOMENTUM OF VALOR

**BE IN HEALTH MEN'S CONFERENCE
OCTOBER 18-19**

MISSION DETAILS: MOMENTUM IS NOT JUST ANOTHER CONFERENCE. IT'S A UNIQUE 2-DAY EVENT DESIGNED TO EQUIP US TO "GEAR UP" AND BECOME "MIGHTY MEN OF VALOR". WE'LL LEARN HOW TO CONFRONT OUR FEARS AND STRUGGLES AND EMERGE AS STRONG LEADERS FOR OUR WIVES, OUR KIDS, OUR COMMUNITIES, OUR CHURCHES, AND OUR NATION.

LOCATION:



**BE IN HEALTH -
THOMASTON, GEORGIA**

WILL YOU ACCEPT THIS MISSION?

YES

NO

FOR My LIFE

2024 - 2025 RETREATS

FOR MY LIFE (4ML) WALK OUT WORKSHOP (WOW) FOR MY LIFE EXPANDED (4MLX)

AUG 5 - 9: 4ML

AUG 12 - 16: WOW

AUG 19 - 23: 4MLX

SEPT 9 - 13: 4ML

SEPT 16 - 20: WOW

SEPT 30 - OCT 4: 4ML

OCT 7 - 11: WOW

OCT 28 - NOV 1: 4ML

NOV 4 - 8: WOW

DEC 2 - 6: 4ML
(CITY OF REFUGE)

DEC 9 - 13: WOW

DEC 16 - 20: 4ML
(CITY OF REFUGE)

JAN 20 - 24: 4ML

FEB 10 - 14: 4ML

MAR 10 - 14: 4ML

MAR 17 - 21: WOW

MAR 31 - APR 4: 4ML

APR 21 - 25: 4MLX

MAY 5 - 9: 4ML

MAY 12 - 16: WOW

JUNE 9 - 13: 4ML
(FAMILY)

JUNE 23 - 27: 4ML
(FAMILY)

JULY 7 - 11: 4ML
(FAMILY)

JULY 14 - 18: WOW
(FAMILY)

MOMENTUM: GEAR UP, MEN OF VALOR

MEN'S CONFERENCE OCT 18 - 19, 2024

THOMASTON, GA

BE IN HEALTH CONFERENCES NEAR YOU

LANCASTER, PA
JULY 19 - 20, 2024

COLORADO SPRINGS, CO
AUG 23 - 24, 2024

SAN DIEGO, CA
SEPT 13 - 14, 2024

PORTLAND, OR
SEPT 20 - 21, 2024

TACOMA, WA
SEPT 27 - 28, 2024

RICHMOND, VA
NOV 1 - 2, 2024

CINCINNATI, OH
NOV 8 - 9, 2024

WE ARE PLANNING NOW FOR 2025 CONFERENCES

CONTACT US AT CONFERENCES@BEINHEALTH.COM IF YOU ARE ABLE TO HELP
HOST A CONFERENCE IN YOUR AREA

CONNECT WITH US ONLINE!

GET REAL-TIME UPDATES ON RETREATS, CONFERENCES, AND MORE
ON OUR UPDATED WEBSITE: WWW.BEINHEALTH.COM